

HYPOGLYCEMIA SICK DAY MANAGEMENT — LOW DOSE GLUCAGON ADMINISTRATION

Glucagon can be given with an insulin syringe in low dose to treat low blood glucose (BG) during illness or when the child is unable to keep fluids or foods down or has persistent low BG. This is different than giving a full rescue dose of glucagon for a hypoglycemic emergency.

INSTRUCTIONS:

- 1. Reconstitute glucagon per instructions in kit (add all fluid from syringe to the powder, swirl gently). Have an insulin syringe available.
- 2. Calculate dose: 1 unit per year of age up to age 15 years

Examples: A 5-year-old would get 5 units, a 10-year-old would receive 10 units, any kid 15 years or older would get 15 units

- 3. Draw up age-appropriate dose in an insulin syringe (syringe with unit markings) and give just like an insulin shot.
- 4. If minimal to no increase in BG in 20-30 minutes, repeat the same dose.
- 5. If child becomes unconscious or has BG that is still getting lower, give full rescue dose of glucagon and head to the nearest ER.